

PEDIATRIC HEALTH HISTORY FORM

Date: _____

Child's Name: _____ Age: _____ DOB: _____

Your Name: _____ Relationship to child: _____

Primary Care Provider: _____

Present health concerns: _____

Allergies/Reactions: _____

Medications your child takes daily: _____ Herbs/Home remedies used: _____

PREGNANCY AND NEONATAL

Where was your child born: _____ Is your child: Biological Adopted Stepchild Other

Medical problems during pregnancy: No Yes (specify): _____

Delivery: Vaginal Caesarean (why): _____ Birth weight: _____ Birth length: _____

Was your child premature? No Yes, weeks: _____ Medical problems after birth: _____

Was your child breastfed? No Yes, (for how long): _____ Unusual feeding/dietary concerns? No Yes, (specify): _____

Current milk intake: Cow circle one: non-fat 1% fat 2% fat whole Soy Rice Average ounces per day (note 8 oz = 1 cup): _____

Hours of sleep per night: _____ Naps (number and length): _____

Any sleep problems: No Yes, (explain): _____

INFANCY/CHILDHOOD/ADOLESCENCE

Has your child ever been treated for or diagnosed with:

- | | |
|----------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Seizures _____ |
| <input type="checkbox"/> Wheezing or bronchiolitis _____ | <input type="checkbox"/> Anemia _____ |
| <input type="checkbox"/> Seasonal allergies _____ | <input type="checkbox"/> Broken bone _____ |
| <input type="checkbox"/> Eczema _____ | <input type="checkbox"/> Depression/anxiety _____ |
| <input type="checkbox"/> Food allergies _____ | <input type="checkbox"/> Heart murmur _____ |
| <input type="checkbox"/> Recurrent ear infections _____ | <input type="checkbox"/> Constipation _____ |
| <input type="checkbox"/> Pneumonia _____ | <input type="checkbox"/> Chicken pox _____ |
| <input type="checkbox"/> Urinary tract infection _____ | <input type="checkbox"/> Attention deficit disorder _____ |

Other chronic medical conditions: _____

Has your child ever been hospitalized? No Yes, (explain): _____

Previous surgeries and dates: _____

List any specialists your child has seen, dates and reason: _____

DEVELOPMENT AND SCHOOL

What age did your child:

- Sit alone _____ Walk alone _____
 Say words _____ Toilet train _____

If applicable, age of first menstrual cycle: _____

Did/does your child have delayed development? No Yes

How does this child compare to others of his or her age? _____

What grade is he/she in? _____

Has he/she had any trouble in school? No Yes

Does he/she get along with other children? No Yes

Does he/she have a best friend? No Yes

Any concerns about relationships with teachers? _____

Did/does your child attend preschool? No Yes

DENTAL AND IMMUNIZATIONS

Please bring your child's immunization records to your appointment.

Has your child had chickenpox? No Yes Has your child been vaccinated against chickenpox? No Yes

Exposures/Habits: _____

Any concerns about lead exposure (old home/plumbing/peeling paint)? No Yes _____

Has your child been seen by a dentist? No Yes Last visit: _____ Does he/she get fluoride? No Yes

SOCIAL AND HOME

Who lives in the child's household? Mom Dad Step _____ Siblings (# _____) Grandparents Other _____

Child's parents are: Married Unmarried Divorced Other _____ Do any household members smoke? No Yes

Mom's occupation: _____ Dad's occupation: _____

Concerns about your child: Alcohol use Tobacco Sexual activity Aggressive behavior

Is violence at home a concern? No Yes Are there guns at home? No Yes

Childcare (if applicable): Parents Relatives Babysitter/Nanny Days per week in childcare (not with parent): _____

Pets: No Yes _____

How many hours per day does your child spend: Watching TV _____ On the computer _____ Playing video games _____

Hobbies/Extracurricular activities: _____

Sports/exercise: _____ How often: _____ How long: _____

FAMILY HISTORY

Do any family members have any of the following conditions:

Condition	Mother	Father	Sibling	Grandparent
Asthma/Hay fever/Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcoholism/Drug Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Birth defects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood disorder (bleeding/clotting problems)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart attack/disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inherited/Genetic diseases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Migraines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Autism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression/anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychiatric Disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

REVIEW OF SYSTEMS

Please review the topics below. Check if you have a concern about your child.

<input type="checkbox"/> Fevers/chills/excessive sweating	<input type="checkbox"/> Pain with urination
<input type="checkbox"/> Unexplained weight loss/gain	<input type="checkbox"/> Discharge: penis or vagina
<input type="checkbox"/> Squinting	<input type="checkbox"/> Headaches
<input type="checkbox"/> Asymmetric gaze/Crossed eyes	<input type="checkbox"/> Muscle weakness
<input type="checkbox"/> Unusually loud voice/hard of hearing	<input type="checkbox"/> Clumsiness
<input type="checkbox"/> Mouth breathing/snoring	<input type="checkbox"/> Hay fever
<input type="checkbox"/> Bad breath	<input type="checkbox"/> Itchy eyes
<input type="checkbox"/> Frequent runny nose	<input type="checkbox"/> Rashes
<input type="checkbox"/> Problems with teeth/gums	<input type="checkbox"/> Unusual moles
<input type="checkbox"/> Coughing/wheezing	<input type="checkbox"/> Joint pain
<input type="checkbox"/> Nausea/vomiting/diarrhea	<input type="checkbox"/> Speech problems
<input type="checkbox"/> Constipation	<input type="checkbox"/> Anxiety/stress
<input type="checkbox"/> Blood in bowel movements	<input type="checkbox"/> Problems with sleep/nightmares
<input type="checkbox"/> Tires easily with exertion	<input type="checkbox"/> Depression
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Nail biting/thumb sucking
<input type="checkbox"/> Fainting	<input type="checkbox"/> Bad temper/breath holding/jealousy
<input type="checkbox"/> Bedwetting	<input type="checkbox"/> Unexplained lumps
<input type="checkbox"/> Developmental concerns	<input type="checkbox"/> Easy bruising/bleeding
<input type="checkbox"/> Relationship with parents	<input type="checkbox"/> Depression
<input type="checkbox"/> Self-image or self-worth	<input type="checkbox"/> School grades/absences
<input type="checkbox"/> Other _____	